

Vernard T. Hines aka The Laugh Therapist

Performs all over the world! Hilarious and Clean...Very Entertaining.

The Host for all occasions and the comedian for any venue, this comedian is just flat out funny. His style of comedy touches close to home as he shares his family stories and life's challenges that we can all relate to. He is not ashamed to say that he suffers from P.T.S.D (Post Traumatic Stress Disorder).

The Laugh Therapist was birthed from talking to a friend about my encounters with a therapist after returning from my 2nd tour in Iraq. I was suffering with P.T.S.D. and was self-medicating myself with alcohol trying to hide my pain. After seeking help and being medicated the right way, I realized I could turn my Pain into a Purpose.

Thus The Laugh Therapist a Comedian and Motivational Speaker was birthed. Laughter gave me an avenue to be able to speak about my pain in a comedic way, this platform allows me to help others seek help and aid in prevention of alcohol and drug abuse. Laughter really kept me from committing suicide that's why Laughter has been and will continue to be my Therapy.

Vernard is married to Latricia "Trish" Hines and is the Father of 4 wonderful children. He is 20 year Iraq war veteran and a supporter of the wounded warrior project.